

#### December e-news

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## Surgeon General Warns of Youth Mental Health Crisis

"Progress on legitimate and distressing issues like climate change, income inequality, racial injustice, the opioid epidemic and gun violence feels too slow for our nation's young people," according to the nation's top physician, Surgeon General Dr. Vivek H.Murthy in a 52-page health advisory.

"Young people are also bombarded with messages through the media and popular culture that erode their sense of self-worth — telling them they are not good-looking enough, popular enough, smart enough or rich enough," stated Dr. Murthy.

Read more.



#### Opportunity to Learn from the Homeless

The public had an opportunity to learn from community members who are homeless earlier in December by attending a presentation by A4U "Advocation 4 the Unfortunate", a name created by a Brattleboro homeless self-advocacy group who were employed by Youth Services' Workforce Conections. Read the Brattleboro Reformer coverage.

50th Anniversary Endowment Campaign donations can double impact!



# Mental Health Capacity Grows at Youth Services

Youth Services is building its capacity to support the community with the addition of the clinician Lucy Webb. This hire expands Youth Services' ability to offer couseling to more youth, adults and families throughout Windham County. **Read more**.



# PEER-LED CIRCLE OF SUPPORT AND ACCOUNTABILITY PILOTED

It's noon on Tuesday and Bill is pouring himself coffee. In a minute he'll go out to the Youth Services porch to meet with the other formerly incarcerated community members in the oganization's new



Honorary Co-chairs of Youth Services' 50th Anniversary Endowment Campaign, Liz Richards and David Brown, announce that matching funds have been obtained from Edward Jones regional financial advisors and the Thomas Thomson Trust, in essence doubling the impact of gifts received going forward.

The funds raised will allow Youth Services to innovate, offer competitive salaries and be prepared for emergencies for the next 50 years.

Join others who have already contributed generously towards the campaign goal of \$250,000.

Make a pledge or gift today!

### **BRATTROCK**Festival is back



Youth band Big Destiny wowed the crowd this Fall, part of a

Peer-Led Circle of Support and Accountability.

This new project empowers formerly incarcerated community members with restorative practice tools to support each other to thrive and to adhere to the mantra "no more victims." Read more.

dynamic line-up of five rock bands at the BRATTROCK Festival, held for the second time this year at Stone Church by Youth Services.

BRATTROCK's mission is to provide places for youth to gather and a venue for musically-minded youth from Vermont and the surrounding region to connect, learn, perform, inspire, and be inspired. **Read more.** 

### DONATE TODAY TO SUPPORT YOUTH SERVICES!



Many Thanks to Everone Who Contributed to Youth Services in 2022!

